

FRESH

breath spray

2oz

HBNaturals
PRODUCT INFORMATION PAGE



product summary

Fresh breath. Clean ingredients. Now you can have fresh, kissable breath without chemicals, artificial flavorings, artificial sweeteners, and alcohol. Fresh Breath Spray is a natural blend of coconut oil, healthy MCTs, and therapeutic essential oils.

ingredients

Cocos nucifera (Fractionated Coconut Oil), Medium-Chain Triglycerides, Thymus vulgaris ct. thymol (Thyme ct. thymol), Eugenia caryophyllata (Clove Bud), Cinnamomum zeylanicum (Cinnamon Bark)

suggested use

- Shake well. Spray twice in the mouth, swish and swallow. Use as needed.*

responsible cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

ingredient highlights

- MCT (medium-chain triglycerides) fats are fats that can be found in coconut oil, palm kernel oil, and dairy products. Unlike other fats, MCT fats go straight from the gut to the liver. From there, they are used as a source of energy or turned into ketones. MCTs are more easily digested than longer-chain fatty acids and may support weight loss, ketone production, gut health, brain function, and more.*

MCTs can help boost weight loss results because they make you feel fuller for longer, they're rarely stored as fat, they have fewer calories than more commonly consumed fats, they boost metabolism through their thermogenic effect, and they increase ketone levels.*

Since MCTs help increase ketone levels, improved cognitive function and brain health may result because ketones act as a highly efficient energy source for the brain. When combined with a ketogenic diet, studies have shown MCT oil may help manage conditions such as epilepsy, Alzheimer's Disease, and autism.*

MCTs have a number of properties that may be helpful in preventing plaque build-up in the arteries (atherosclerosis) and heart disease as well. Studies have found that these fats can help prevent coagulation, lower cholesterol levels, and act as an antioxidant, all of which can help prevent plaque build-up.*

Studies have also shown that MCTs may play a role in the treatment of diabetes and the prevention of insulin resistance. Specifically, two studies found that MCT consumption improved insulin sensitivity in both diabetic patients and non-diabetic subjects. MCTs have also been found to have a slight hypoglycemic (blood glucose-lowering) effect, making them useful for people with diabetes or anyone with a tendency for pre-diabetes.*

- Thyme ct. thymol is a wide spectrum anti-infectious agent, supporting the formation of white blood cells. It is especially useful with all sorts of respiratory needs, and is very effective at reducing inflammation and infection. According to recent research, thymol's anti-inflammatory and antibacterial properties make it beneficial for oral health.*
- Cinnamon Bark has powerful antimicrobial and antiseptic abilities. An excellent aid for bacterial and fungal infections, it has shown ability to rapidly destroy many types of bacteria, viruses, and even drug-resistant fungi.*
- Clove Bud is a powerful antioxidant with the highest ORAC rating - over 10 million - of any known essential oil. It is a potent antiseptic, anti-inflammatory, antimicrobial, antifungal, antiviral, and antioxidant oil.*