

EUCALYPTUS RADIATA

eucalyptus radiata 10ml

HBNaturals
PRODUCT INFORMATION PAGE



application

Aromatic • Bath • Topical

properties

Organic

Producing Organ: Leaves

Extraction: Steam Distillation

Country of Origin: Australia

Safety Group: #1

Main Chemical Constituents: eucalyptol, alpha-terpineol

Therapeutic Properties: Antiseptic, antispasmodic, antiviral, balsamic, cicatrizant, decongestant, deodorant, depurative, diuretic, expectorant, febrifuge, hypoglycemic, parasiticide, prophylactic, rubefacient, stimulant, vermifuge, vulnerary [Julia Lawless, *The Illustrated Encyclopedia of Essential Oils* (Rockport, MA: Element Books, 1995), 141.]

uses

- Make a chest rub with Eucalyptus Radiata, Tea Tree, and Lavender. Put 5 drops of each into 1 ounce of Grape Seed Oil and massage over the lung area. If there is also ear congestion you can massage a small amount around the ear. (Do not drop essential oils directly into the ear.)*
- Eucalyptus Radiata blends well with Tea Tree and the two can be diffused together in a child's room when they are congested and can't sleep. Diffuse for 15 minutes, repeating every 2 to 3 hours.*
- Mix 10 to 12 drops in warm water for a soothing, cooling bath to relieve aching muscles.*
- Use Eucalyptus Radiata neat on the tips of the toes (sinus reflex points) and on the pad of the foot (lung reflex points); one drop on each foot for small children, 2 drops for older children and 3 to 4 drops for adults.*

product summary

Eucalyptus Radiata is primarily an essential oil for the respiratory system as it has good antitarrhal properties. It is a powerful expectorant and mucolytic with good ability for fluidification. Eucalyptus Radiata has long lasting effects and is particularly indicated for children.*

Eucalyptus Radiata has good infection-fighting properties for both acute and chronic respiratory infections, and is effective for the flu. Its high content of 1,8 cineole makes it a good choice for diffusion into a room when someone has a respiratory infection.*

Eucalyptus Radiata is also a cooling essential oil due to its high concentration of 1,8 cineole. This gives it the ability to control a fever.*

Eucalyptus Radiata is a strong antiseptic, yet it is non-toxic. A good anti-viral and an energizer to the body, it can be very effective in cases of chronic fatigue and immune deficiency.*

responsible cautions

- Non-toxic, non-irritant, non-sensitizing, with no known contraindications.
- May neutralize homeopathic remedies.
- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.

*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.