# EUCALYPTUS GLOBULUS

eucalyptus globulus

10m





# application Aromatic • Topical

## properties

Wildcrafted

Producing Organ: Leaves Extraction: Steam Distillation Country of Origin: China Safety Group: #4

Main Chemical Constituents: piperitone, phellandrene Therapeutic Properties: Analgesic, antineuralgic, antirheumatic, antiseptic, antispasmodic, antiviral, balsamic, cicatrizant, decongestant, deodorant, depurative, diuretic, expectorant, febrifuge, hypoglycemic, parasiticide, prophylactic, rubefacient, stimulant, vermifuge, vulnerary

#### uses

- Add 5-6 drops to ½ cup Pink Himalayan or Dead Sea Salts and stir into warm water for a fever-reducing bath.\*
- Diffuse 10 to 20 drops in a cold air nebulizing diffuser for up to 20 minutes every hour to kill airborne bacteria, ease congestion, lift & support mood and emotional balance, or aid focus and concentration.\*
- Dilute 2 drops per 1 teaspoon carrier or massage oil and massage into back or chest for respiratory relief.\*
- Dilute 50/50 with carrier or massage oil for applying to a large area.\*
- Add to household cleaners; 12-15 drops to a bucket of water for cleaning floors, disinfecting garbage pails, etc.\*
- Add 10 drops to dishwasher each wash cycle for eliminating germs.\*

# product summary

This variety of Eucalyptus, known as Blue Gum Tree, is a potent respiratory oil of help to and benefit with bacterial infections, colds, flu, sinusitis, bronchitis, asthma, and chronic cough.\*

It has strong decongestant action due to a high concentration of 1,8 cineole. It also possesses antibacterial and anti-inflammatory abilities, and is of benefit in reducing fever.\*

It is highly expectorant, mucolytic, and antiseptic and has been used successfully against bronchitis and bronchial pneumonia.\*

It has been shown to be a powerful germ killer and is effective in eliminating certain strains of staph. It's an excellent oil to use in the dishwasher to kill germs that wouldn't otherwise be eliminated.\*

Powerful antiseptic properties strengthen as the oil ages. Good psychological abilities aid in lifting mood, easing stress or anxiety, and restoring emotional balance; a mental stimulant which can gid focus and concentration.\*

An excellent pain reliever of benefit to arthritis, rheumatism, ligament damage, and muscular aches and pains; blend with carrier or massage oil prior to application.\*

## responsible cautions

- Not recommended for internal use.
- Not to be applied to the face, particularly the nose.
- Not recommended for use with infants or children under 10 years; use Eucalyptus Radiata instead.
- Not for use during pregnancy.
- Not for use by those with high blood pressure or epilepsy.
- Do not use within 2 hours of homeopathic treatments, as it may neutralize them.
- If you are pregnant, nursing, or under a doctor's care, consult your healthcare provider prior to use.
- Keep out of reach of children and pets.
- Store away from sunlight, at room temperature, with the lid securely tightened.

The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.